

Reader's digest

11 of the Most Luxurious Spas in the World

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Take a dip into the pool of luxury when you visit one of these recommended spas. No matter if you're stateside or half-way across the world, one thing's for sure: you'll never want to leave!

Luna y Mar Spa



courtesy The Resort at Pedregal

If you've been to Cabo San Lucas, Mexico, you know just how Instagrammable it is. But what you might not have stumbled across is the luxe [Luna y Mar](#). This destination thrives on attention to detail, starting with a welcome "moon drink" to get you in the right mindset. As the name suggests, the solar system dictates much of the experience here, where therapists will allocate specific spa treatments based on the phases of the present moon cycle. There are ten private treatment rooms, as well as a spa for grooming needs, too. These are the [world's most luxurious hotels and resorts you should know about](#).

Signature treatment: If you visit during the New Moon, you'll experience a treatment that's meant to awaken and invigorate your body through sea salt and chili oil. This is followed by a soothing massage, as well as a detox.